



Naval Medical Center San Diego Dermatology Department



DERMATOLOGY COSMETIC PROCEDURE REQUEST POLICY

No Guarantee of Service: The provision of any cosmetic service is not guaranteed. Patients must have military base access and be Tricare beneficiaries. Availability of services is subject to the demands of Graduate Medical Education (GME) residency teaching, skills sustainment, operational needs, departmental staffing, and resource limitations. These conditions are subject to change at last minute notice and any patients engaging for cosmetic services should be aware their appointments may be cancelled and/or rescheduled with little prior notice.

Limitations:

- Services are offered on a first-come, first-served basis.
- To be considered for a service, patients must sign up using the designated online link: <https://forms.osi.apps.mil/r/i9nPEwP8yL>
- Do not call the Dermatology clinic to schedule this appointment. A member of our staff will contact you directly at the preferred contact information you provide during the signup process, or as an alternative backup method your MHS Genesis Patient Portal messaging center may be used.
- Each individual is limited to a maximum of two (2) paid cosmetic services per person per 12 month period. Each paid service may require additional 'touch up' appointments, with a maximum of two 'touch up' appointments per 12 month period.

Examples of service include but not limited to:

- Scar treatments or other sequelae of trauma, surgery, or radiation
- Soft tissue augmentation for HIV-associated facial lipodystrophy
- Acne scarring treatment
- Muscular neuromodulation (commonly referred to as "Botox")
- Intense pulsed light/broadband light treatments for age related skin changes
- Chemical peels for age related changes, pigmentary disorders, acne vulgaris
- Superficial skin rejuvenation peels
- Venous sclerotherapy for asymptomatic small spider veins and telangiectasia of the lower legs*
- Removal of acrochordon or "skin tags"
- Removal of seborrheic keratosis or other cosmetic removal of benign lesion
- Lip filler augmentation*
- Facial soft tissue filler augmentation*
- Hand rejuvenation*

*Limited number of appointments available, on case-by-case basis